

April 2018 - Breakfast

April 2018

Mon	Tue	Wed	Thu	Fri
2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK	6 SPRING BREAK
9 Pancake on a Stick Fresh Apples Fresh Oranges 1% Milk Nonfat Chocolate Milk	10 Yogurt, Greek, ZOI Smoothie, Strawberry/Banana, Toast, 12 grain Cereal, Multigrain, Cinnamon 1% Milk Nonfat Chocolate Milk	11 Scrambled Eggs w/Cheese Fresh Apples Fresh Oranges Whole Wheat Toast 1% Milk Nonfat Chocolate Milk	12 French Toast Smoothie, Watermelon/Raspberry 1% Milk Nonfat Chocolate Milk	13 Country Potato Bowl w/ Scrambled Eggs Fresh Apples Fresh Oranges Whole Wheat Toast 1% Milk Nonfat Chocolate Milk
16 Smoothie, Strawberry/Banana, Waffle Sticks, Whole Grain 1% Milk Nonfat Chocolate Milk	17 Yogurt, Greek, ZOI Mixed Berries Smoothie, Strawberry/Banana, Cereal, Multigrain, Cinnamon Cereal, Frosted Flakes 1% Milk Nonfat Chocolate Milk	18 Scrambled Eggs w/ Chorizo & Potatoes Fresh Oranges Fresh Apples 1% Milk Nonfat Chocolate Milk	19 Banana Fresh Apples Pancake, Whole Wheat & Honey 1% Milk Nonfat Chocolate Milk	20 Biscuits & Gravy Fresh Apples Fresh Oranges 1% Milk Nonfat Chocolate Milk
23 French Toast Fresh Oranges Applesauce 1% Milk Nonfat Chocolate Milk	24 Yogurt, Greek, ZOI Mixed Berries Smoothie, Strawberry/Banana, Bagel, whole grain 1% Milk Nonfat Chocolate Milk	25 Fresh Pear Smoothie, Strawberry/Banana, Toast, 12 grain 1% Milk Nonfat Chocolate Milk	26 Smoothie, Strawberry/Banana, Strawberries Waffle Sticks, Whole Grain 1% Milk Nonfat Chocolate Milk	27 Salmon (Fish) Hash Fresh Apples Fresh Oranges Whole Wheat Toast 1% Milk Nonfat Chocolate Milk
30 Fresh Apples Fresh Oranges Pancakes, Shepard's Grain 1% Milk Nonfat Chocolate Milk	1 Mixed Berries Smoothie, Watermelon/Raspberry Toast, 12 grain 1% Milk Nonfat Chocolate Milk	2 Country Potato Bowl w/ Scrambled Eggs Fresh Apples Banana Tortilla, Whole Grain Wheat, 10" 12/12 1% Milk Nonfat Chocolate Milk	3 French Toast Fresh Apples Fresh Oranges 1% Milk Nonfat Chocolate Milk	4 Biscuits & Gravy Banana Fresh Apples 1% Milk Nonfat Chocolate Milk

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K-8 Lunch SY17-18

April 2018

Mon	Tue	Wed	Thu	Fri
2 Spring Break	3 Spring Break	4 Spring Break	5 Spring Break	6 Spring Break
9 Sweet & Sour Chicken Turkey Sandwich (k-6) Salad Bar K-6 Steamed Veg's Cauliflower Florets, Cooked from Fresh (1/2 cup) Fresh Apples Fried Brown Rice WG 1% Milk Nonfat Chocolate Milk	10 Clam Chowder Turkey Sandwich (k-6) Baby Carrots (1/2 cup) Salad Bar K-6 Watermelon Chunks Cheese Toast 1% Milk Nonfat Chocolate Milk	11 Pizza Turkey Sandwich (k-6) Caesar Salad Salad Bar K-6 Marinara Sauce Dipping Cup Fresh Apples Cheese Pretzel 1% Milk Nonfat Chocolate Milk	12 Turkey Sandwich (k-6) Hamburger Potato Wedges Caesar Salad Banana 1% Milk Nonfat Chocolate Milk	13 Macaroni & Cheese Turkey Sandwich (k-6) Broccoli, Cooked Caesar Salad Romaine Iceberg Lettuce (1/2 cup) Fresh Apples 1% Milk Nonfat Chocolate Milk
16 Ham Salad Bar K-6 Scalloped Potatoes Fresh Oranges Roll, Wheat 1% Milk Nonfat Chocolate Milk	17 Egg Roll Celery Sticks w/Sunbutter Fresh Pineapple Fresh Apples Fried Brown Rice WG 1% Milk Nonfat Chocolate Milk	18 Pizza Marinara Sauce Dipping Cup Caesar Salad Watermelon Chunks Cheese Pretzel 1% Milk Nonfat Chocolate Milk	19 Corn Dog Potato Rounds Celery Sticks w/Sunbutter Salad Bar K-6 Fresh Apples Fresh Oranges 1% Milk Nonfat Chocolate Milk	20 Spaghetti and Meat Sauce Salad Bar K-6 Fresh Apples Fresh Oranges Roll, Wheat 1% Milk Nonfat Chocolate Milk
23 Chill con Carne with Beans Baby Carrots, cooked Salad Bar K-6 Fresh Oranges Roll, Wheat 1% Milk Nonfat Chocolate Milk	24 Baked Salmon Ham Salad Bar K-6 Fresh Pear Long Grain Brown Rice, 1/2 c. 1% Milk Nonfat Chocolate Milk	25 Pizza Salad Bar K-6 Caesar Salad Cantaloupe Chunks Cheese Pretzel 1% Milk Nonfat Chocolate Milk	26 Sloppy Joe on a Roll Potato Smiles Salad Bar K-6 Steamed Veg's Honeydew Chunks (1/2 cup) 1% Milk Nonfat Chocolate Milk	27 Chicken Alfredo Cut Broccoli, Cooked from Fresh (1/2 cup) Cauliflower Florets, Cooked from Fresh (1/2 cup) Fresh Oranges Roll, Wheat 1% Milk Nonfat Chocolate Milk

30

Chicken Strips
 Salad Bar K-6
 Potato Smiles
 Fresh Apples
 Roll, Wheat
 1% Milk
 Nonfat Chocolate Milk

1

Toasted Cheese Sandwich
 Salad Bar K-6
 Tomato Soup
 Cut Broccoli, Cooked from
 Fresh (1/2 cup)
 Fresh Pineapple
 1% Milk
 Nonfat Chocolate Milk

2

Pizza
 Caesar Salad
 Salad Bar K-6
 Cantaloupe Chunks
 Cheese Pretzel
 1% Milk
 Nonfat Chocolate Milk

3

Chicken Burger
 Turkey Sandwich (k-6)
 Salad Bar K-6
 Potato Rounds
 Fresh Oranges
 Fresh Pear
 1% Milk
 Nonfat Chocolate Milk

4

Goulash
 Turkey Sandwich (k-6)
 Corn
 Celery Sticks w/Sunbutter
 Fresh Apples
 Roll, Wheat
 1% Milk
 Nonfat Chocolate Milk

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